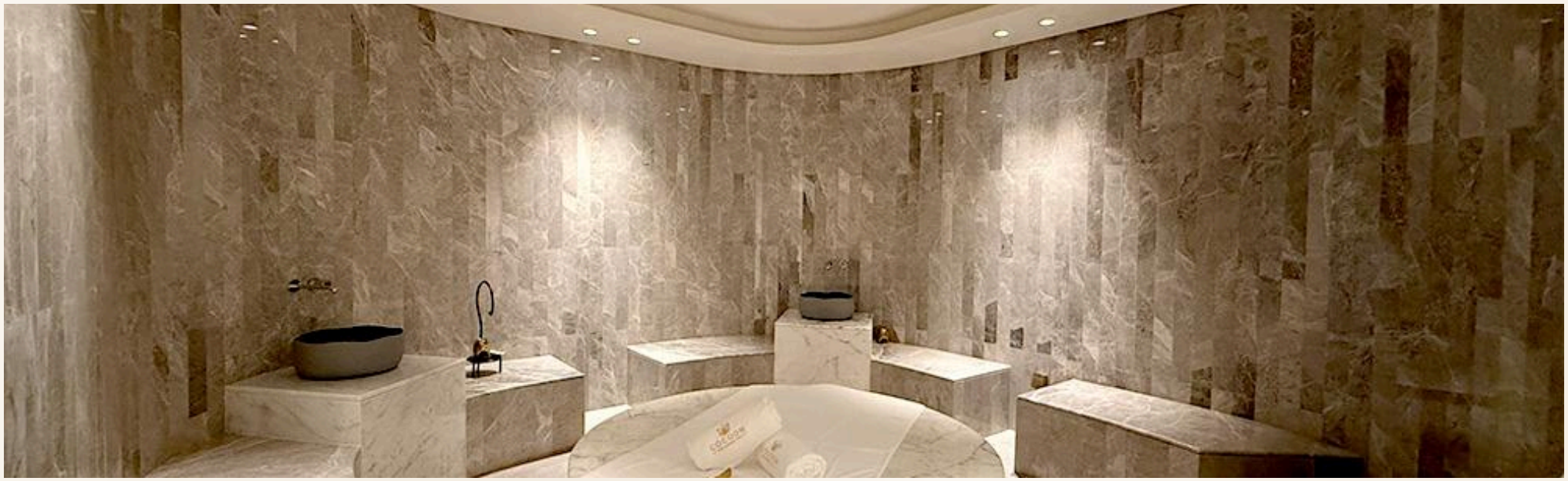
COCOON

WELLNESS SPA

# Price list

JUFFAIR · BAHRAIN



# About us

*Wellness inspired by Bali, for more than 15 years: much-loved Asian therapies, warm hospitality and new wellness technology, at four spas in Bahrain and Italy.*

Cocoon began in Bali. Cocoon Medical Spa opened its doors in January 2013, in Seminyak and Ubud.

Since then, Cocoon has grown across Bali, the Middle East and Europe, with Cocoon Wellness Spa in Bahrain and at Milan Malpensa Airport.

Our approach has stayed the same from the first day. Much-loved traditional Asian therapies, given in a modern way you remember, alongside new wellness technology for real results for skin and body.

**15+**
years of Bali-inspired wellness

**4.9**
Google rating from 1,450+ reviews at our four spas

**4**
spas: Juffair, Seef and Riffa in Bahrain, and Milan Malpensa Airport

| | |
|---|---|
| 2026 | Favourite Spa Brand in Bahrain 2026, Oh la la Bahrain Spa Awards |
| 2025 | Favourite Signature Treatment, Oh la la Bahrain Spa Awards |
| 2024 | Travellers' Choice Award, Cocoon Wellness Spa Malpensa, Tripadvisor |
| 2024 | Best Female Spa, Oh la la Bahrain Spa Awards |
| 2024 | Best Facial Treatment, Oh la la Bahrain Spa Awards |
| 2023 | Favourite Facial Treatment in Bahrain, Cleopatra 24 Carat Gold Hydrafacial, Oh la la Spa & Wellness Awards Bahrain |

# Juffair

*Hilton Bahrain, Sukoon Tower, 6th and 7th floors*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Juffair menu January 2026. Prices are in Bahraini Dinar (BHD) and include taxes.

# Beautiful Bahrain

## Express Relax

30 minutes — **30 BHD**

Let your mind and body ease into complete rest. Relax on a heated Amethyst Crystal PEMF Biomat and receive a luxurious neck, shoulder, face and head massage.

## Couples Massage with Himalayan Salt Bath

120 minutes — **150 BHD**

We treat you to a full body scrub and massage with a Himalayan Salt bath including Thai grapefruit, peppermint and maychang essential oils. Includes an Asian Foot Ritual.

## Cinta "Love" Couples Massage

60 minutes — **80 BHD**

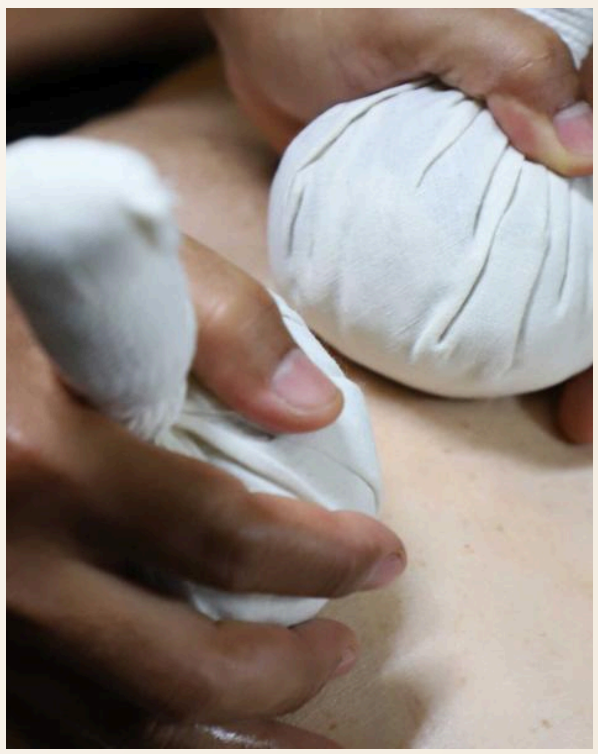
90 minutes — **110 BHD**

Connect with your loved one with a relaxing and peaceful couples massage. A couples therapy but individual to each of you, as you choose your preferred massage, accessories, oils and timing.

## Bahrain Island Ritual

135 minutes — **115 BHD**

Be treated to a full body relaxation massage delivered with an alchemy of exquisite local aromatherapy oils. A full body scrub will purify, tone and polish the skin texture.



# Cocoon Healing Massage

**Choose from:** Asian Fusion, Balinese Santi Signature Massage, Warm River Stone Massage, Karuna Kaya Deep Recovery, Kundalini Back Release Digital Detox, Feel Good Foot Massage, Traditional Thai Bodywork, Shiatsu, Tui Na

## Cocoon Healing Massage

60 minutes — **45 BHD**

90 minutes — **60 BHD**

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# Cocoon Maternal Massage

### Cocoon Maternal Massage

A gentle and enveloping strokes that improves the blood circulation, lower down anxiety and eases the muscle tension.

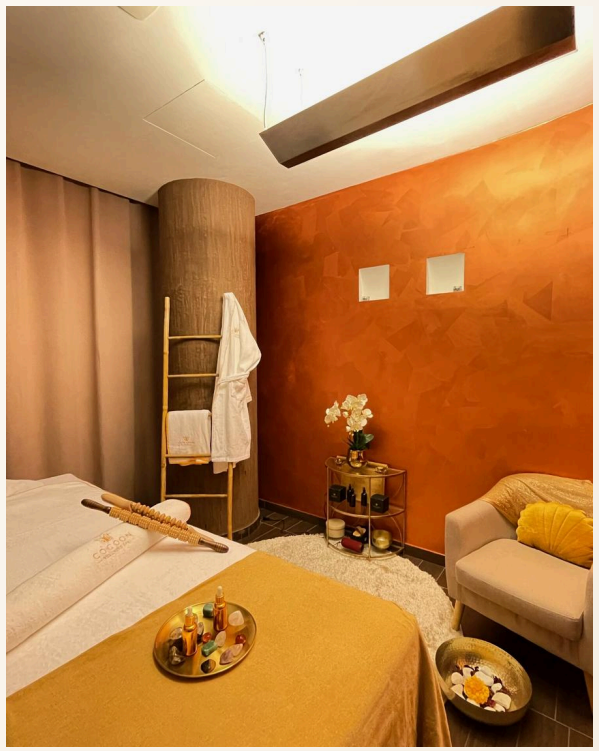
| | |
|---|---|
| 60 minutes | 55 BHD |
| 90 minutes | 70 BHD |

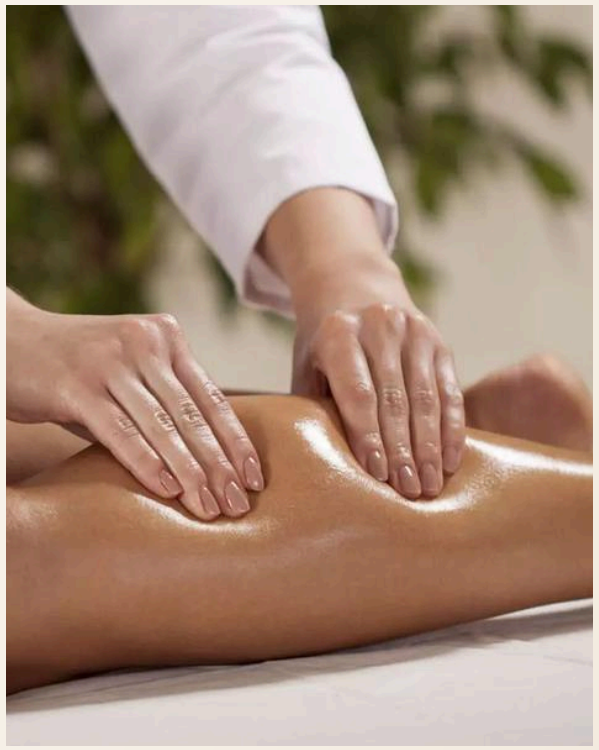
## Energise Me

### Energise Me

Recharge. Energy Replenish. Skin Vitality. Shimmery Glow. Dewy Skin. Enhance feel-good endorphins and replenish your energy. Includes an Asian Fusion Massage to promote circulation and 'chi' flow.

| | |
|---|---|
| 90 minutes | 70 BHD |





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# Scrubs and Wraps

## Celestial Glow: Detox Scrub Ritual

45 minutes — **40 BHD**

Begin with a stimulating copper body brushing ritual to awaken lymphatic flow and gently lift away dull surface cells.

## Sculpt & Detox: Infrared Cocoon Wrap Ritual

60 minutes — **55 BHD**

This advanced body transformation therapy begins with the application of a therapeutic Dead Sea mineral mask formulated with potent botanical actives and marine extracts to stimulate lipolysis and refine body contours.

## Combine Celestial Glow and Sculpt & Detox

90 minutes — **80 BHD**

The perfect duo - smooths, hydrates, and deeply detoxifies — leaving your body radiant, lighter, and recharged.

# Enhance Your Wellness

## PEMF Crystal Healing Infrared Body Mat

15 minutes — **15 BHD**

To give energy to cells, reduce inflammation in the body and to improve sleep and digestion a more restful treatment. Surrender to deep relaxation, calm and ease.

## LED 360 Body Red Light Radiance

15 minutes — **15 BHD**

Has many benefits including a natural and safe way to boost energy, speed up healing, increase circulation and boost skin health.

## Oxygen Halo "Breath of Life"

15 minutes — **15 BHD**

Floods the body and skin with oxygen, thereby reducing free radicals, improving skin vitality, and reducing inflammation in the body.

## Red LED Light Therapy Head Cap

15 minutes — **15 BHD**

Elevate your treatment with the Red LED Light Therapy Head Cap, combining red and near-infrared light to gently energize the scalp.

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# Enhance Your Wellness CONTINUED

### Biometric Wellness Screening

15 minutes — **15 BHD**

A clinical evaluation of your health, to assess issues that could be markers to why you are experiencing low energy, hormone imbalance or gaining weight.

### Rose Quartz Eye Mask Treatment

15 minutes — **10 BHD**

The Rose Quartz Eye Mask is made from 100% natural jade and gently soothes the eye area while promoting circulation, reducing puffiness, and easing tension. Jade has long been valued for its soothing and restorative effects.

### Copper Dry Body Brush

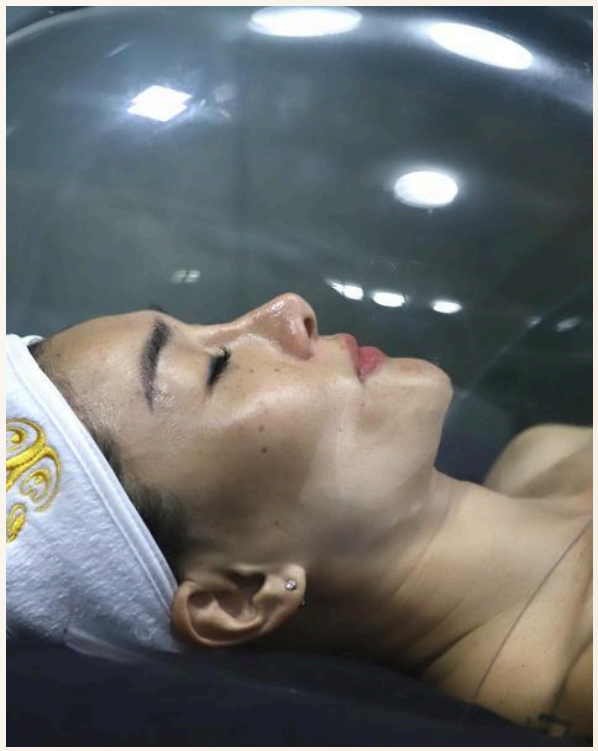
15 minutes — **10 BHD**

Copper brushes are an effective way to reduce the toxic exposure of technology waves, but flooding our skin with neutralising electrical ions.

### The Ultimate Paraffin Therapy Mitts

15 minutes — **10 BHD**

Transform dry, cracked skin to spa-soft hands and feet with professional-grade Paraffin Wax Therapy Mitts & Booties.



## Facials

### Manual Facial

45 minutes — **40 BHD**

A refreshing express facial add on using hand-applied techniques and products.

### Hydration Booster Express Facial

60 minutes — **60 BHD**

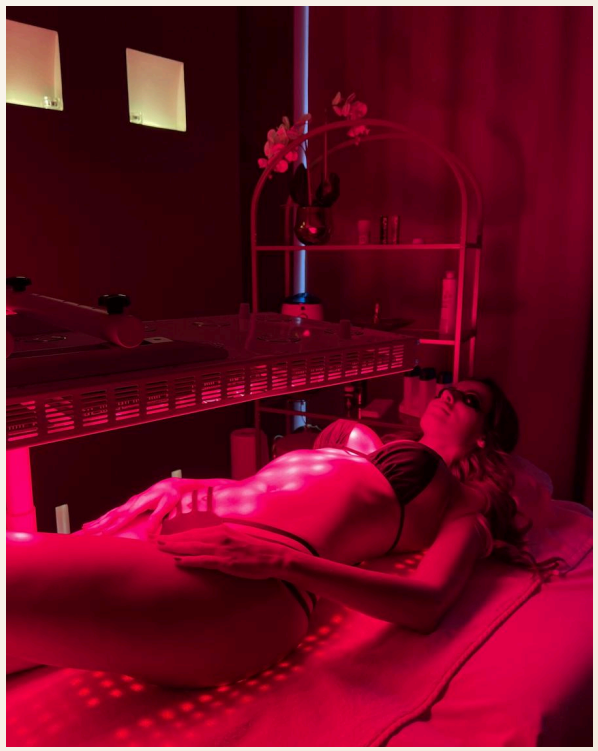
Purifying facial with hydration boost with Hyaluronic Acid Mask. Diminishes fine lines and wrinkles, and restores radiance and brightness to the skin.

### Cleopatra 24 Carat Gold Hydrafacial

Face · 75 minutes — **80 BHD**

Face + Neck + Décolletage · 90 minutes — **100 BHD**

A high calibre 7-step facial to transform your skin. Exfoliation, toning, tightening, LED light, massage, gold luxury mask, and moisturization.



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# Cocoon Hair

## Wash and Cut

From 25 BHD

Precision haircut, simple styling.

## Signature Blowouts

From 22 BHD

A combination of soft waves and loose curls flowing from a smooth crown. Or a sleek straight top blending down to softer ends. Depending on the length of your hair.

# Hair Spa Treatments

## Hot Oil Treatment

From 25 BHD

Includes a 15-minute head and shoulder massage while the hot oil penetrates the hair shaft to revive damaged and dry hair. Hair emerges, revived, shiny and healthy.

## Cream Bath

From 25 BHD

A luxurious cream mask is applied to the hair and while penetrating enjoy a blissful scalp head and shoulder 15-minute massage. Hair is deeply nourished and revived.

## The Crowning Glory - hair ritual treatment

From 35 BHD

Transform your hair and get the 'wow' factor within the hour. Includes an express blow dry.

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# Semi-Permanent Smoothing

## Nanoplastia Hair Therapy

From 100 BHD

Nanoplastia is a formaldehyde free treatment which is a combination of hair botox and keratin.

## Express Hair Color

### Root Color

| | |
|---|---|
| Men | 20 BHD |
| Women | from 28 BHD |

### Full Color

| | |
|---|---|
| Short | 40 BHD |
| Medium | 50 BHD |
| Long | 60 BHD |

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# Cocoon Nails and Beauty

## The Deluxe Spa Manicure — 16 BHD
Soak, cut, and file, cuticle tidy, nail buff, hand exfoliation, hydrating mask, hand and arm massage

## The Deluxe Spa Pedicure — 22 BHD
Soak, cut and file, cuticle tidy, nail buff, feet exfoliation, hydrating mask, foot and leg massage

## The Deluxe Spa Manicure & Pedicure Combo — 35 BHD
Soak, cut, and file, cuticle tidy, nail buff, hand and feet exfoliation, hydrating mask, massage.

## Express Manicure — 12 BHD
File, cuticle tidy, trimming, no polish

## Express Pedicure — 18 BHD
File, foot file, cuticle tidy, trimming, no polish

## Express Manicure & Pedicure Combo — 25 BHD
File, foot file, cuticle tidy, trimming, no polish

## Russian Manicure (use of machine) — 16 BHD
File, cuticle tidy, trimming, no polish.

## Russian Pedicure (use of machine) — 22 BHD
File, foot file, cuticle tidy, trimming, no polish.

## Russian Manicure & Pedicure Combo (use of machine) — 35 BHD
File, foot file, cuticle tidy, trimming, no polish.

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# Cocoon Nails and Beauty CONTINUED

## Additional

| | |
|---|---|
| Polish (Mani or Pedi) | 5 BHD |
| Gel Polish (Mani or Pedi) | 8 BHD |
| Gel Removal | 7 BHD |

## Hydrating Bubble Foot Spa

45 minutes — 18 BHD

A pampering foot experience that focuses on softening, moisturizing and nourishing the tired feet leaving you feeling refresh, smooth and hydrated.

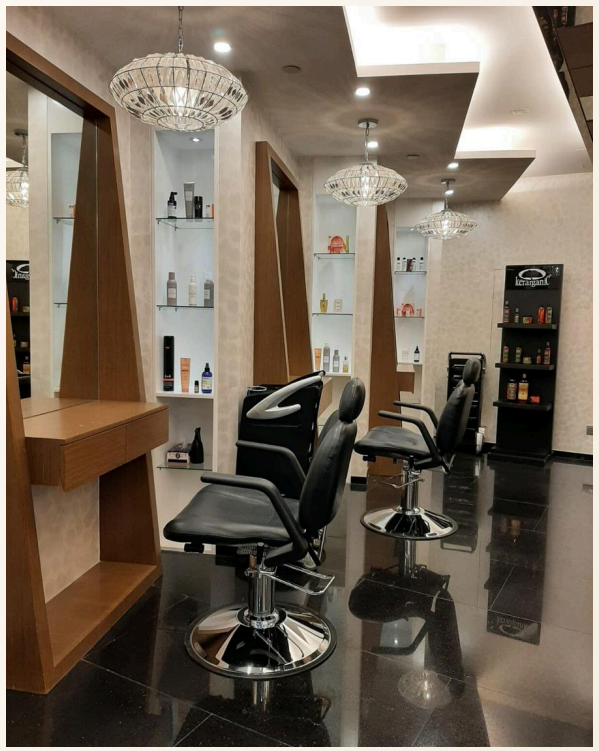
## Ultimate Callus Removal Treatment

60 minutes — 25 BHD

This technique involves the specialized treatment to effectively remove stubborn, thick calluses, giving your feet a renewed comfortable feel.

## Waxing

| | |
|---|---|
| Waxing Full body (no face and privates) | 100 BHD |
| Brazilian with backline | 45 BHD |
| Brazilian (front) | 35 BHD |
| Full back | 20 BHD |
| Full Arm | 20 BHD |
| Half Arm | 15 BHD |
| Full Legs | 25 BHD |



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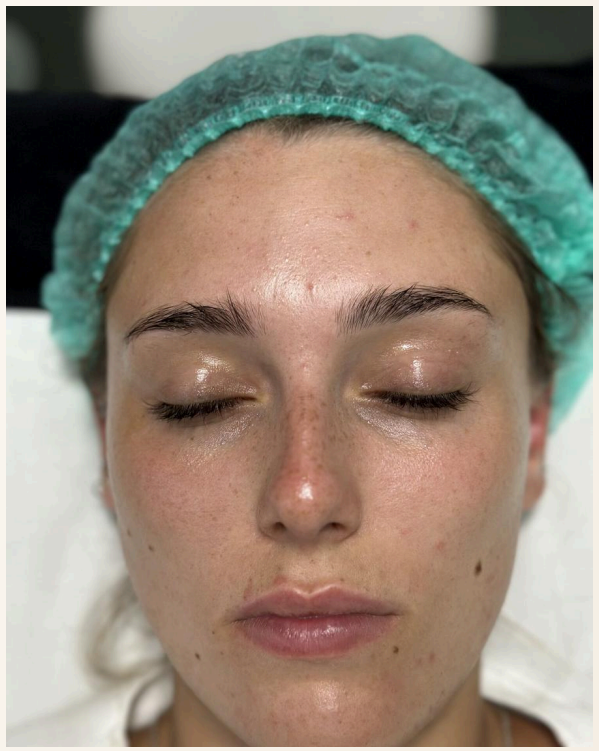
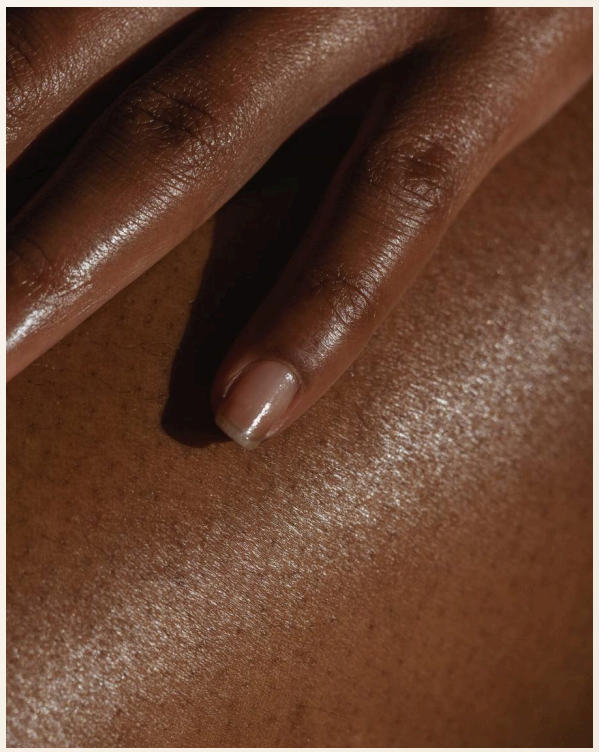
# Waxing CONTINUED

| | |
|---|---|
| Half legs | 18 BHD |
| Armpit | 15 BHD |
| Chest and stomach | 20 BHD |
| Full Face | 25 BHD |

## Threading

| | |
|---|---|
| Eyebrow shape | 8 BHD |
| Upper Lip | 8 BHD |
| Full Face | 25 BHD |





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# Memberships

## 12-Months - Elite Diamond Class

Benefits & Privileges 40 x 1 Hour Massage 12 x Classic Manicure Pedicure 12 x Hot Oil Hair Treatment 2 x Hydration Booster Express Facial 2 x Gold Cleopatra Signature Facial 24 x Entry to the Level 6 Facilities 20% Discount on Cocoon Skincare 20% Discount at Cocoon Wellness Spa Ability to freeze annual membership for one month

*Family members over 18 years old must sign up for a separate membership*

| | |
|---|---|
| Single Membership | 2,100 BHD |
| Couple Membership | 2,040 BHD each |
| Family Membership (min. 4 members) | 1,980 BHD each |

## 6-Months - Gold Class

Benefits & Privileges 20 x 1 Hour Massage 6 x Classic Manicure Pedicure 6 x Hot Oil Hair Treatment 2 x Hydration Booster Express Facial 12 x Entry to the Level 6 Facilities 20% Discount on Cocoon Skincare 20% Discount at Cocoon Wellness Spa

*Family members over 18 years old must sign up for a separate membership*

| | |
|---|---|
| Single Membership | 1,050 BHD |
| Couple Membership | 1,020 BHD each |
| Family Membership (min. 4 members) | 990 BHD each |

## 3-Months - Silver Pass

Benefits & Privileges 10 x 1 Hour Massage 3 x Classic Manicure Pedicure 3 x Hot Oil Hair Treatment 6 x Entry to the Level 6 Facilities 20% Discount on Cocoon Skincare 20% Discount at Cocoon Wellness Spa

*Family members over 18 years old must sign up for a separate membership*

| | |
|---|---|
| Single Membership | 525 BHD |
| Couple Membership | 510 BHD each |
| Family Membership (min. 4 members) | 495 BHD each |

## 1-Month - Bronze Pass

Benefits & Privileges 4 x 1 Hour Massage 1 x Classic Manicure Pedicure 1 x Hot Oil Hair Treatment 10% Discount on Cocoon Skincare 10% Discount at Cocoon Wellness Spa

*Family members over 18 years old must sign up for a separate membership*

| | |
|---|---|
| Single Membership | 175 BHD |
| Couple Membership | 170 BHD each |
| Family Membership (min. 4 members) | 165 BHD each |

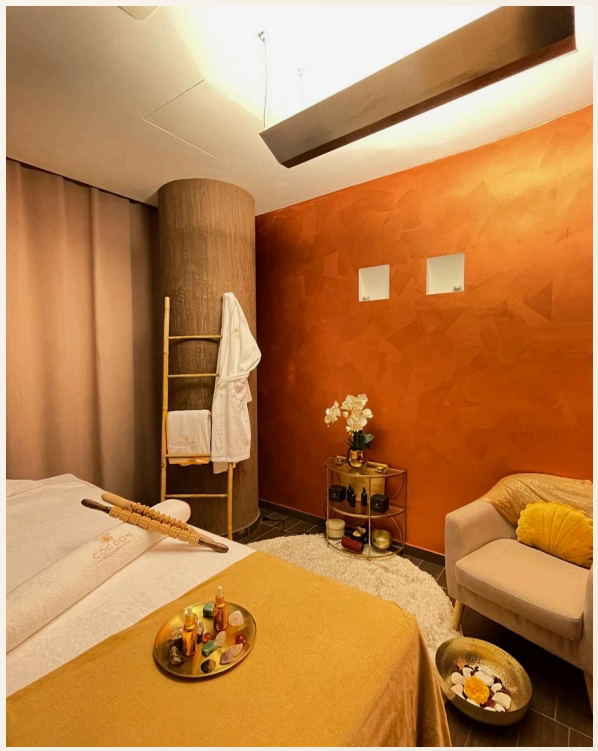
## 1 Month - Beauty Membership

A luxury salon with hair and beauty treatments using leading brands. Nanoplastia for Keratin treatment, OPI and Essi for Classic Polish and Luxe for Gel Polish.

*Family members over 18 years old must sign up for a separate membership*

| | |
|---|---|
| Single Membership | 135 BHD |
| Couple Membership | 130 BHD each |
| Family Membership (min. 4 members) | 124 BHD each |

*Please note: All memberships must be paid in full upfront and cannot be downgraded after purchase.*



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# Cocoon Skincare

## Skin Super Hero

40 BHD

Pure Retinol Super anti-aging - complexion, pigmentation, fine lines and wrinkles. Improves skin's texture, tone, and overall appearance.

## Skin Reborn

38 BHD

Retinol + Hyaluronic Acid Skin booster- superior hydration, reduces wrinkles, repairs aging cells. The Elixir is a combination of 2 powerful ingredients, with extraordinary versatility and its capacity for deep hydration.

## Supercharged Skin

38 BHD

DNA Peptide collagen serum Skin repair and radiance. Works at the cellular level to even out your skin tone and texture, improving the overall health and radiance of your skin.

## Dream Skin Xtreme Cream

60 BHD

Collagen activator with Placenta Stem cells. Improve skin elasticity, firmness, and wrinkles while nourishing and revitalising your complexion. Ideal for restoring a youthful look, too tired or aging skin.

## Skin Elixir

42 BHD

Epidermal growth factors for complete skin rejuvenation, renewal, and repair. Two powerful active ingredients that work together to reverse and repair aging cells, delivering visible transformations and regeneration.

## All-in-One Skin Superfood Oil

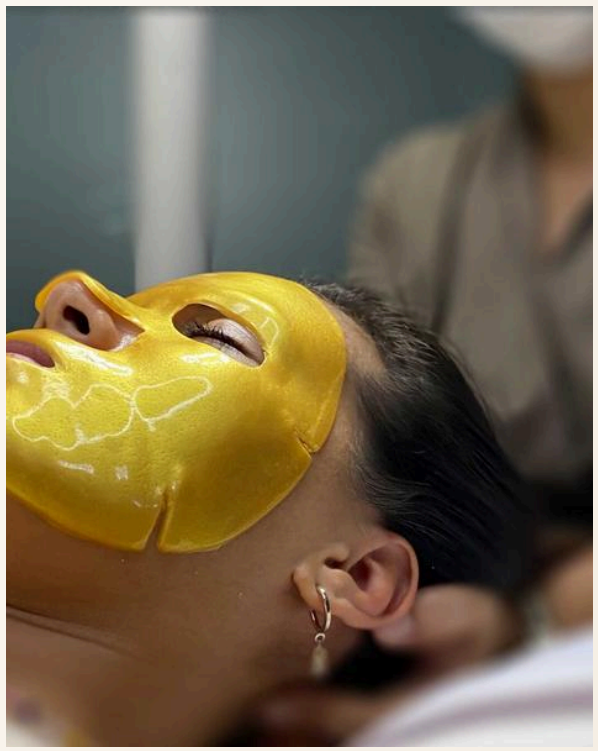
35 BHD

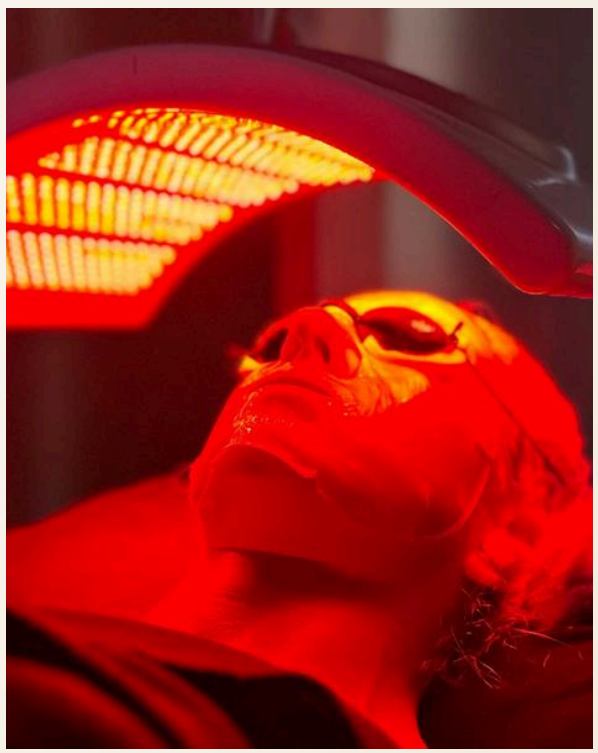
Nourishing oil for the face & body. Nutrient-rich blend of 98% organically sourced bioactive fruit and seed oils. It will moisturise and nourish dry, itchy or burning-prone skins; control acne scars in addition to reduce stretch marks.

## Slim + Shape

35 BHD

Muscle activating slimming, firming and reducing cellulite. An innovative texture that allows it to adapt to environmental conditions, provides softness and smoothness to the skin.





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# Cocoon Skincare CONTINUED

## Eye Am Beauty

38 BHD

Hyaluronic luminous eye cream Brightens, hydrates, revives. Reduce dark circles and fine lines around your eyes. Helps fight the signs of aging, such as tiredness or visible wrinkles.

# Cocoon Products

## LED Light Mask

40 BHD

Red light, anti aging, Blue light is for reducing active acne. Everyday use for 30 mins on clean, dry skin.

*(COMING SOON)*

## Acupressure Tool

15 BHD

## Shaker

8 BHD

## Radio Frequency Home Care Device

70 BHD

Skin tightening, use every day with serum.

## Crystal Water Bottle

15 BHD

Water infusion of Rose Quartz Crystals to give positive energy.

## Cocoon Silk Eye Mask

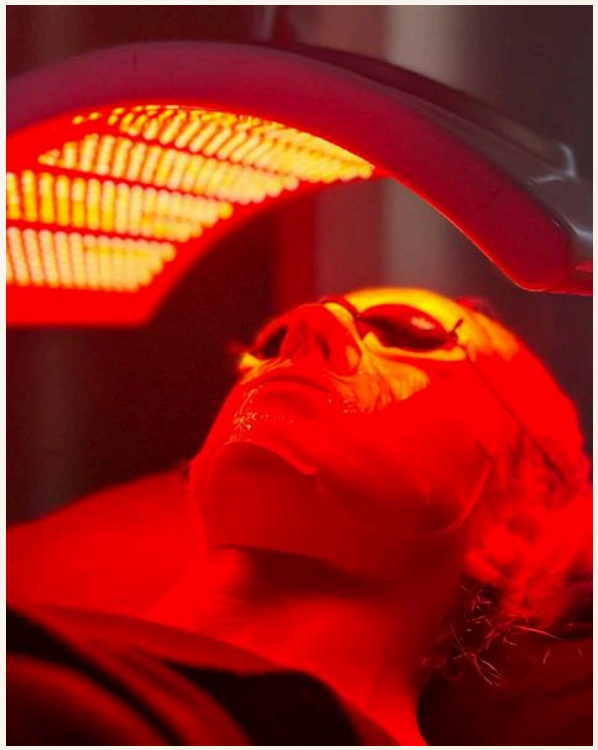
30 BHD

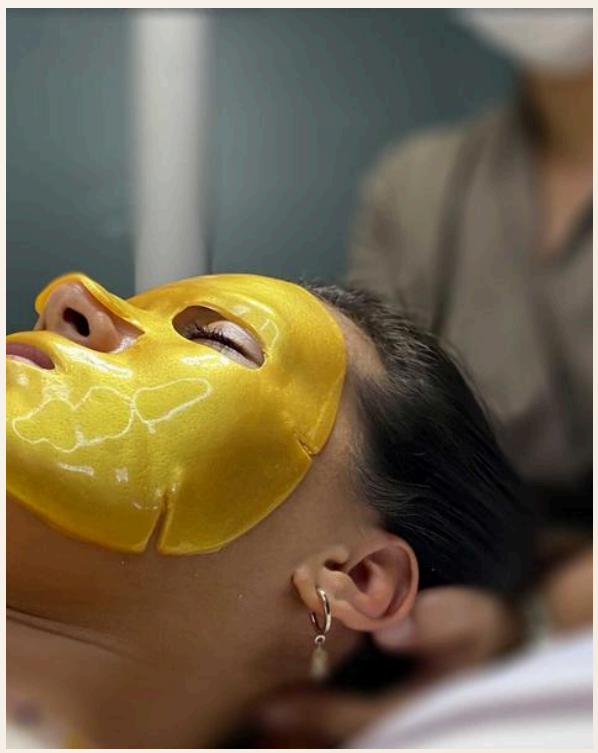
Made from luxurious 100% Silk Mulberry Cocoons. Perfect for lash extensions, keeping them in place. Wake up to bright eyes and reduce the pureness.

## Copper Body Brush

20 BHD

Particles for the skin lymphatic system





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## Book via WhatsApp

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## Cocoon Wellness Spa Juffair

Hilton Bahrain, Sukoon Tower, 6th and 7th floors, Building 4672, Road 2468, Block 324,
Manama, Kingdom of Bahrain

| | |
|---|---|
| Sunday to Wednesday | 10:00 AM–10:00 PM |
| Thursday to Saturday | 10:00 AM–11:00 PM |

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