



COCOON
— WELLNESS SPA —

BENESSERE ESTETICO E ANTI ETÀ DI ALTO LIVELLO CON UN'ANIMA ASIATICA

NEXT LEVEL AESTHETIC & ANTI-AGING
WELLNESS WITH ASIAN SOUL



5 star rating from +400 reviews



Cocoon offre un approccio lussuoso e moderno alle terapie tradizionali asiatiche molto amate.

Il nostro team di Cocoon Alchemists offre trattamenti innovativi e memorabili. Rilassati profondamente. Ripristinare l'energia. Rinfresca la pelle. Riduce lo stress. Migliora la tua salute.

Nato a Bali nel 2012, ora puoi provare i nostri trattamenti durante la tua sosta a Sheraton Milano Malpensa

Cocoon brings a luxury, modern approach to much loved traditional Asian therapies.

Our team of Cocoon Alchemists deliver innovative and memorable treatments. Deeply relax. Restore energy. Refresh skin. Reduce stress. Improve your health.

Born in Bali in 2012, now you can experience Cocoon spa during your stopover at the Sheraton Malpensa Airport Hotel, Milan.

"Best Medical Spa Treatment - Naked Skin Package"

AsiaSpa Awards
2015

"Best Cosmetic Clinic in Bali"

Bali Spa Guide
2015

"Best Medical Spa in the World"

IMTJ Awards,
London, 2015

"Best Luxury Medical Spa - Asia"

World Spa Awards
2014

"Best Medical Spa in Asia"

Asia Spa Awards
2014

"Best Spa in Bali"

Yak Awards
2013



TRAVELLER'S TRANSIT

SPA STOP-OVER - 3 hours

Long transit? Take your time. Relax and replenish in-between your travels. Enjoy full access to our hydrotherapy facilities - steam, sauna, emotional showers and cold therapies. We provide you with robe, slippers and towel.

€30

Hotel Guests - 20% discount €24

FREE when you spend more than €100 on any treatments.

DEEP RELAX SIESTA TIME - 45 minutes

Let your mind and body ease into complete rest. Relax on a heated Amethyst Crystal PEMF Biomat and receive a luxurious feet and lower leg massage - perfect for jet lag and promoting better sleep.

€85

SOS EXPRESS MASSAGE - 30 minutes

Short transit time? Renew and revive and arrive fresh and alive!

Foot bath ritual + reflexology, neck and shoulder + head and scalp massage.

€70

TRAVELLER'S RETREAT - 120 minutes

Feel cleansed, relaxed and invigorated - emerge reborn. Cocoon Personalized Massage + Full Body Scrub + Face, Head and Scalp massage.

€180

MASSAGES

Next-level massages with spirit and soul.

Your Cocoon Alchemist will personalise the massage to your personal needs, by using a variety of tools and ancient healing techniques that levels up your therapy to give you deep relaxation, reduce muscle tension and transport you to the next level of relaxation.

Accessories include: gua sha, warm stones, foot and head wraps, wheat packs, Tibetan singing bowl, salt poultices, tuning fork and bamboo sticks.

Singles: 60mins €95 / 90mins €140

Couples: 60mins €180 / 90mins €270

THE SIGNATURE GOLD MASSAGE

Deeply Relaxing. Luminous Skin. Luxurious oils.

Long, flowing movements blended with Swedish strokes, combined with asian therapy accessories and tools to relax and help with any muscle pain areas. Concludes with a divine facial massage.

THE ASIAN FUSION

Relaxation. Energising. Restorative.

Asian Foot Wash. A massage cocktail of Balinese flowing strokes, Thai stretches, accupressure and a hint of Indian Ayurveda head massage.

I prezzi includono le tasse / Prices include taxes





COCOON PERSONALISED MASSAGE

Need to focus on a particular area of the body? Have it your way - a full Body Massage curated by your Cocoon Alchemist for your individual needs. Your therapist will combine ancient healing tools that are suited to your goals and preferences, including wraps, sound therapy and vibrational tools.

THE DEEP RECOVERY

Deep Tissue Rescue. Tension Release Remedy. Energy Boost. Using tools and accessories including bamboo stick, gua sha, reflexology tool, together with deeper massage techniques including shiatsu, this massage will release muscle knots and tension.

WARM RIVER STONE MASSAGE

We massage warm stones on key stressor points to ease tightness in the back, neck and shoulders. A remedy for chronic fatigue, stress and sleep issues. Feels so good!

FEEL-GOOD FEET, HANDS & FACIAL REFLEXOLOGY

Circulation Booster. Fluid Retention. Jet Lag Remedy. Be treated to the ultimate reflexology experience. Your lower leg and feet massage is enhanced with hand reflexology to soothe overuse on the digitals and concludes a mind-balancing facial massage with gentle accupressure. 30mins €65 / 60mins €95



HYDRA FACIALS

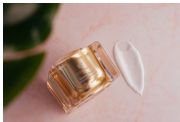
Discover the world's finest and high-calibre facials to transform your skin.

HYDRATION BOOSTER EXPRESS FACIAL - 35 minutes
Purifying facial with hydration boost with Hyaluronic Acid Mask. Diminishes fine lines and wrinkles and restores radiance and brightness to the skin.
€80

Add on Deluxe Spa Manicure to your Express facial, and get free polish and gift bag with beauty treats.

SIGNATURE CLEOPATRA 24 CARAT GOLD FACIAL - 80 mins
Deep cleanse with hydra facial LED Enlightenment Facial. The most luxury mask of all: 24 Carat Gold Brightening Peel off Mask. Extreme Hydration Active HA Serum.
BONUS! Choose 1 Cocoon skincare product to take home
€190

Add on Deluxe Spa Pedicure to your Cleopatra facial, and get free polish and gift bag with beauty treats.



Beauty

FOOTLOGIX®

Medical grade products that are extremely effective at protecting the skin and preventing moisture loss. Forms a safe, invisible, protective layer that successfully retains moisture and delivers long-lasting hydration to severely dry hands and feet.

Your mani-pedi includes a Double Defence treatment: Soak, cut and file, cuticle tidy, nail buff, hand/foot exfoliation, hydrating mask, hand/foot massage.

DELUXE SPA MANICURE - €55 - 40 mins

DELUXE SPA PEDICURE - €70 - 55 mins

ADD ON TO YOUR MANI/PEDI:

Polish only: €20

Remove and add polish: €24

Gel (Shield): €45

Set semi permanent Shield: €75

WAXING

Face: €10

Underarms: €10

Full arms: €30

Full body (no face): €70

Brazilian (full): €20

Hollywood (partial): €10



OXYGEN HALO "Breath of Life" - 30 minutes

Recover pulmonary lung system after Covid
Skin Booster: Forms collagen, reduces free radicals and rehydrates the skin. Re-builds immune resilience and provides sleep and stress support.
€50

CRYSTAL TOURAMALINE SAUNA DOME - 30 minutes

Unlike a traditional sauna, you don't feel overwhelmed from the heat in the upper body and brain region. Calorie Burner. Reduces Cellulite. Enhance Skin Vitality.
€80

360 FULL BODY RED-LIGHT RADIANCE - 30 minutes

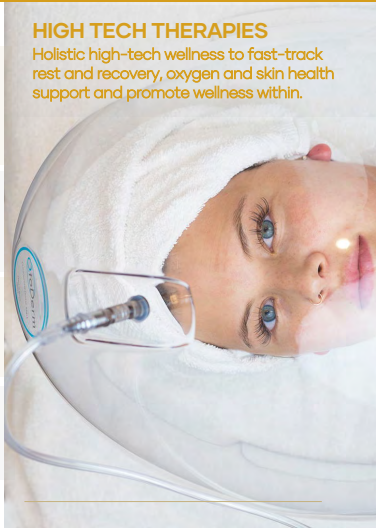
Popular with elite athletes to enhance function and performance –improves muscle repair and regeneration, healing of injuries, wounds and inflammation.
€90

CHAKRA CRYSTAL AMETHYST PEMF BIOMAT - 30 minutes

Recommended for improving the digestive and immune systems as well as improving skin vitality and beauty. Surrender into deep relaxation, calm and ease.
€50

HIGH TECH THERAPIES

Holistic high-tech wellness to fast-track rest and recovery, oxygen and skin health support and promote wellness within.



BIOMETRIC HEALTH SCREEN

The Cocoon Biometric Screening offers a clinical evaluation of your health. We assess health issues that could be markers to why you are experiencing low energy, sluggishness and/or gaining weight.

€40

DETOX FACILITIES

The spa facilities provide a relaxing, gentle way to cleanse and detox the body with ease. Deeply relaxing and nurturing, while also promoting weight loss and skin health.

SAUNA Relaxes and detoxifies from the pollution present during travel, preserves muscle mass and clears the skin.

TURKISH BATH Eases muscle tension or problems caused by long walks. Eliminates toxins and brightens the skin.

EMOTIONAL SHOWER A combination of water, colors and smells that creates a symphony. Embark on a different kind of journey: a multi-sensory journey.

SUMMER STORM Heated jets combine with red LED light to rejuvenate and hydrate the skin.

COLD MIST A thin veil of spray jet combined with fresh notes of mint and herbs to reinvigorate and revive.





GLASS SKIN - 100 minutes
Shimmery Glow. Dewy Skin.
€210

Treatment Features:

Dry Body Brush and Vitamin C Body Scrub
Crystal Tourmaline Sauna Dome
360 Body Red Light Radiance

Illuminating cocktail of **bronzers, balms and butters** For a dewy, sunkissed finish for face & body.

Glass Skin

Energise Me



**Recharge. Energy Replenish.
Skin Vitality.
90 minutes**

Enhance feel-good endorphins and replenish your energy.

Includes an Asian Fusion Massage to promote circulation and 'chi' flow. Enhanced with a Red Light Radiance to enhance energy in the cells, improving the thyroid, thereby balancing metabolism function.

€170



OUR TEAM

Cocoon has been providing hands-on professional artistry and expertise in the areas of beauty, wellness, and anti-aging for over a decade.

Our clients travel from all corners of the earth to experience Cocoon's elite skin and body transforming treatments renowned for their holistic and healing edge.

We believe in a personal approach where we address individual issues and create customised and flexible treatments and plans to help one achieve high-level wellness and skin health goals. Our passion is to help people feel confident and empowered in their container by looking and feeling their absolute best – through all stages and cycles of life.



COCOON WELLNESS SPA

Level 1, Sheraton Malpensa Airport Hotel

Opening Hours:

Monday – Sunday 11.00 – 21.00

Book your treatment:

Telephone/Whatsapp: +393516571080 or +628113882241

Email: bebeautiful@cocoonwellnessspa.com

Instagram: [@cocoon_milan](https://www.instagram.com/cocoon_milan)

Facebook: [@cocoonspa.milan](https://www.facebook.com/cocoonspa.milan)

Arrivo

Si prega di arrivare 15 minuti prima dell'appuntamento per completare un modulo di consultazione, goditi una bibita di benvenuto e permetti di discutere con noi del tuo trattamento ed eventuali esigenze personali. Si prega di comprendere che gli arrivi tardivi non possono ricevere una proroga del trattamento programmato.

Digital Detox

L'ambiente termale è uno spazio tranquillo per voi e per gli altri, siamo costretti a richiedere di spegnere e riporre tutti i dispositivi digitali nel vostro armadietto.

Cancellazioni & Riprogrammazione

Si prega di segnalare 12 ore prima la cancellazione per evitare la perdita del 50%. Le cancellazioni entro 4 ore incorreranno in un addebito del 100%.

Requisiti d'età

L'età minima per entrare nella spa è di 18 anni. 16-18 anni possono entrare nella spa accompagnata da un adulto con la firma di un modulo di consenso.

Carte Regalo

Le carte regalo sono disponibili per l'acquisto da qualsiasi importo desiderato, valido per 12 mesi.

Online Bookings

Gli ospiti possono prenotare i trattamenti online tramite il nostro sito web. Si prega di visitare www.cocoonwellnessspa.com e selezionare il "prenota ora".

LA SPA GESTITA AUTONOMAMENTE E NON AFFILIATA CON MARRIOTT INTERNATIONAL INC

Arrival

Please arrive 15 minutes prior to your appointment to complete a consultation form, enjoy a welcome drink and allow us to discuss with you about your treatment and any personal requirements. Please understand that late arrivals cannot receive an extension to their scheduled treatment.

Digital Detox

The spa environment is a tranquil space and for your benefit and others, we request you turn off and store all digital devices in your locker.

Cancellations & Rescheduling

Please allow 12 hours notice of cancellation to avoid a 50% charge. Cancellations within 4 hours will incur a 100% charge.

Age Requirements

The minimum age to enter the spa is 18 years. 16-18 years must be accompanied by an adult and sign a consent form.

Gift Cards

Gift Cards are available to purchase from any amount you would like, valid for 12 months.

Online Bookings

Guests are able to book treatments online via our website. Please visit www.cocoonwellnessspa.com and select 'book now'.

THE SPA IS OPERATED INDEPENDENTLY AND IS NOT AFFILIATED WITH MARRIOTT INTERNATIONAL INC



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